




Welcome to Canada!

YOUR FIRST STEPS IN OTTAWA

Task	Description	Comments	Status
<p>Living at Hotel</p>	<p>1) Before arrival, please fill out the following form (this will give understanding to CUIAS how many people are coming and when): https://docs.google.com/forms/d/e/1FAIpQLSe5C_BDkfwgFM3q9HQ2Unb9TBe_0p1dhed5Hbft_TWQIDaQxQ/viewform</p> <p>2) When the newcomer has arrived within 72 hours, he or she is eligible for a 2-week hotel stay free of charge. You should contact CUIAS to arrange the stay in the hotel by phone or email (a call from Taxophone is free for this reason).</p> <p>Canadian Ukrainian Immigrant Aid Society (CUIAS) Email: welcomeon@cuias.org Phone number: 1-888-557-6133 Website: https://cuias.org/wp/ More information is HERE</p> <p>There is a Ukrainian housing and settlement coordinator at Marriott Courtyards (Ottawa) - Olha Men from (Jewish Family Services (JFS)) at omen@jfsottawa.com, phone 613-668-9573.</p> <p>Please contact Olha to provide you with the Proof of address letter of your stay (you need this to get Sin number and OHIP).</p> <p>Additionally, she will provide you with bus passes for free riding for up to 6 months (if you need it)</p>	<p><i>Please note, that breakfast is not included There is no kettle in the room either</i></p>	
<p>AIRPORT</p>	<p>✓ Passport control and declaration It is done by special terminals.</p> <p>✓ Work permit It should be done at the Airport at the Immigration Service office after completing the declarations and passport control. Please ask the Immigration officer that you need to get your</p>		



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	<p>work and study permit and willing to stay for work and study reasons (not traveling).</p> <p>Please check the CUAET mark at your WORK PERMIT. If you applied for a tourist visa, in this case, you need a Visitor record.</p>		
SIN Number	<p>The best way to get it is at Service Canada (885 Meadowlands Dr., Ottawa). Please note, It takes about 1 hour to get it ready.</p> <p>Required: <i>passport, work permit, proof of address.</i></p>		
OHIP (Medical Insurance)	<p>It is done in Service Ontario in person only - 110 Laurier Avenue West, Ottawa. Coverage</p> <p>Required: <i>passport, work permit, proof of address</i></p> <p><i>Please print and fill out the form:</i></p> <p> 0265-82.pdf</p>	<p><i>An appointment will save you time. If you need to reschedule it, please let me know</i></p>	
Banks	<p>5 TOP Banks: RBC BMO TD Bank (Virtual assistance in the Ukrainian language is available) Scotia Bank CIBC</p> <p>UKRAINIAN CREDIT UNIONS: UCUYKC – Ukrainian Credit Union (great rates, mobile banking, transfer money to Ukraine and the closest countries for free, and more - will talk about that later).</p> <p>Branch Manager – Khrystyna Levus klevus@ukrainiancu.com Phone: 613-288-0206 ext 400</p>	<p><i>An appointment will save you time.</i></p> <p><i>Book your appointment HERE</i></p>	



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	<p>Address: 476 Holland ave, suite 100</p> <p>BCU FINANCIAL Address: 913 Carling Ave, Ottawa, ON K1Y 4E3</p> <p>Phone: (613) 722-7075</p> <p>To get debit and credit cards. You need to use credit cards to have a good Credit Score</p> <p>Required: <i>passport, work permit, SIN, and proof of address.</i></p>		
<p>Financial Aid</p>	<p>Governmental financial assistance</p> <p>Required: <i>passport, work permit, bank account details (account number, transit number, institution number)</i></p>	<p><i>Online</i></p>	
<p>Medical exams</p>	<p>You need to complete your medical check-up within 90 days of staying in Canada to keep your Work permit in active status. Full List of clinics</p> <p>https://www.immigrationphysicianottawa.ca/site/home, https://www.immigrationmedicalottawa.ca/, https://immigrationexamottawa.ca/, https://www.immigration-doctors-ottawa.ca/</p> <p>Approximate prices</p> <p>People recommend:</p> <p>Name: Olha ULANOVYCH Address: Immigration Medical Ottawa, Carling Broadview Medical Centre, Ste 103, 770 Broadview Ave, Ontario, K2A3Z3 Website: www.immigrationmedicalottawa.ca Email: info@immigrationmedicalottawa.ca Telephone: + 1 (613) 729 9463 Fax: + 1 (613) 729 5989 Spoken Languages: English, Russian, Ukrainian</p>	<p><i>By appointment ONLY. It should be made in advance. You can do it online</i></p>	

Best regards!